

Lunch Menu: Week commencing 13th September 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Event	Spaghetti Bolognese	Turkey Escalope	Roast Beef, Yorkshire Pudding And Gravy	Chicken Korma Curry	Fish Fingers Battered Cod
Meat Free Zone	Vegetable Bolognese with Lentils	Roasted Vegetable Moussaka	Roast seitan With Yorkshire Pudding	Lentil Dhal	Veggie "fish" fingers with Chips
To Go With	Medley Of vegetables Pasta	Sweetcorn Buttered New Potatoes	Savoy Cabbage Honey Carrots Roast Potatoes	Steamed Rice Green Beans Sweetcorn	Garden Peas Baked Beans Chips
Daily Special	Cheese And Tomato Quiche	Quorn Escalope	Spinach And Mushroom Lasagne With Garlic Bread	Tofu and Bean Stir Fry	Selection of Pizza slices
Puddings	Sprinkle Cake	Fruity Flapjack	Fresh Fruit Salad Yoghurt Pots	Lemon Sponge & Custard	Chocolate chip Cookies

Available Daily

Salad Bar, Cold Proteins & Hard Boiled Eggs, Assorted Bread Selection, Fresh Cut Fruit & Yoghurts

Lunch Menu: Week commencing 20th September 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Event	Chili con carne	Chicken Goujon Wraps With Sweet Chill Sauce	Roast Turkey with Gravy	Lamb Meatballs In Rich Tomato Sauce	Salmon And Dill Fish Cakes
Meat Free Zone	'No Carn'e	Veggie Bean Enchiladas	Mediterranean vegetable And mozzarella Lasagne	Quorn Pieces in Tomato sauce	Veggie Fish Cakes
To Go With	Baton Carrots Broccoli Steamed Rice	Parmentier Potatoes Garden Peas	Roast Parsnips And Carrots Sage Roasted Potatoes	Spaghetti Green Beans Carrots Pasta	Peas Baked Tomatoes Chips
Daily Special	Ricotta, Spinach Ana pea Quiche	Tortellini with Nut free Pesto Sauce And Roasted Vegetables	Stuffed Jacket Potato With Tuna And Sweetcorn	Cheese And Tomato Flan	of Day
Puddings	Apricot Crumble Cake And custard	Chocolate Brownie	Melon Boats Yoghurt with Berry Sauce	Rice Krispy Cakes	Oatmeal Cookies

Available Daily

Salad Bar, Cold Proteins & Hard Boiled Eggs, Assorted Bread Selection, Fresh Cut Fruit & Yoghurts

Lunch Menu: Week commencing 27th September 2021

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Main Event	Lamb Ragu Pasta	Turkey Burger in a brioche Bun	Roast Beef Yorkshire Pudding And Gravy	Honey And Garlic Chicken	Battered Cod or Fish Fingers
Meat Free Zone	Quorn Mince Bolognese	Bean Burger in Brioche Bun	Roast Quorn With Gravy	Macaroni cheese	'Fishless' Fish Fingers
and To Go With	Green Beans Pasta Garlic Bread	Oven Baked Potato Wedges Peas/Mixed Salad	Vegetable Medley Roast Potatoes	New Potatoes With Parsley Butter Cauliflower and Broccoli	Garden Peas Baked Beans Chips
Daily Special	Cheese & Tomato Flan	Ratatouille Frittata with cheddar	Roasted Vegetable Moussaka	Vegetable Shepherds Pie	Tomato And Basil Pizza
Puddings	Apple Pie With Cream	Chocolate Marble Cake	Fresh Fruit Salad Yoghurt Pots	Orange Cake And Custard	Rocky Road

Available Daily

Salad Bar, Cold Proteins & Hard Boiled Eggs, Assorted Bread Selection, Fresh Cut Fruit & Yoghurts